VAN WEST COLLEGE



Speak Up

Speak with confidence and fluency, express opinions, and engage in meaningful conversations independently.

VANCOUVER | **8 WEEKS** (MINIMUM 2 WKS) | **20 LESSONS PER WEEK** | **LEVELS 5 - 7**

STARTING DATES: EVERY MONDAY *IF MONDAY IS A HOLIDAY, TUESDAY IS THE START DATE.

WHAT TO EXPECT

- **Daily Speaking Practice:** Discussions, interviews, presentations, role-plays and collaborative speaking activities.
- **Independent Communication:** Expressing ideas, researching information and responding to unexpected questions without prepared scripts.
- **Weekly Speaking Assessments:** Individual and group assessments focusing on fluency, pronunciation, grammatical accuracy and communication skills.
- **Listening & Dictation Practice:** Listening exercises to improve comprehension and recognition of natural spoken English.
- **Real-Life Communication:** Develop speaking skills through social interactions, negotiations, conflict resolution, travel scenarios, discussions, debates and opinion sharing, while strengthening critical thinking and problem-solving skills.
- **Feedback & Improvement:** Receive ongoing teacher feedback to improve language accuracy, pronunciation, fluency and communication effectiveness.

TIMETABLE

TIME	MONDAY - FRIDAY
08:30 - 12:00	**SPEAK UP**
13:00 - 14:45	**AFTERNOON ELECTIVE SUGGESTIONS (25 OR 30 LESSONS ONLY):** IELTS Preparation • Business Communication High School Preparation • English for Baristas English for Multimedia • English for Flight Attendants Canadian English & Culture • Communication • Speaking Listening • Writing • Grammar • Pronunciation *and more!*

WEEKLY THEMES

- **WEEK 1: BEYOND HELLO** – Sharing Stories and First Impressions
- **WEEK 2: SMALL TALK MASTERY** – Navigating Social Conventions
- **WEEK 3: EVERYDAY CHALLENGES** – Discussing Real-Life Scenarios
- **WEEK 4: MARKETPLACE NEGOTIATIONS** – Haggling and Bargaining
- **WEEK 5: CITY CHRONICLES** – Exploring Complex Urban Interactions
- **WEEK 6: VOYAGE DIALOGUES** – Adapting to Unexpected Travel Situations
- **WEEK 7: PASSIONS EXPLORED** – Delving Deeper into Hobbies
- **WEEK 8: CULTURAL CONNECTIONS** – Tackling Sensitive Social Topics

- Course offerings and schedules are subject to change without prior notice. Please confirm availability prior to registration.

VAN WEST COLLEGE



Speak Up FOUNDATION

Build confidence in everyday English communication through guided speaking practice and essential conversation skills.

VANCOUVER | **8 WEEKS** (MINIMUM 2 WKS) | **20 LESSONS PER WEEK** | **LEVELS 2 - 4**

PROGRAM BEGINS MARCH 1, 2027

STARTING DATES: EVERY MONDAY *IF MONDAY IS A HOLIDAY, TUESDAY IS THE START DATE.

WHAT TO EXPECT

- **Daily Speaking Practice:** Spend significant class time communicating in English, building confidence through practical and meaningful verbal communication.
- **Real-Life Projects:** Complete weekly project-based activities, including community exploration, interviews, observations, information gathering and real-world communication challenges.
- **Weekly Presentations:** Complete individual presentation-style speaking assessments based on weekly projects or themes, exploring a different speaking mode each week.
- **Grammar & Practical English:** Learn grammar in context and apply practical English skills to social, academic and everyday situations in Canada.
- **Listening & Dictation Practice:** Improve listening accuracy, pronunciation and the ability to reproduce natural spoken English through short weekly dictations.
- **Feedback & Speaking Development:** Receive structured language support and ongoing teacher feedback to improve accuracy, pronunciation, fluency and communication skills, gradually developing independent speaking confidence.

TIMETABLE

TIME	MONDAY - FRIDAY
08:30 - 12:00	**SPEAK UP FOUNDATION**
13:00 - 14:45	**AFTERNOON ELECTIVE SUGGESTIONS (25 OR 30 LESSONS ONLY):** English for Flight Attendants • Communication Speaking • Listening • Writing Grammar • Pronunciation *and more!*

WEEKLY THEMES

- **WEEK 1: ONE QUESTION, MANY VOICES** – Exploring Different Perspectives
- **WEEK 2: HIDDEN VANCOUVER** – Discovering the City Around Us
- **WEEK 3: THE COMMUNICATION CHALLENGE** – Getting Things Done in English
- **WEEK 4: CONVINCE ME** – Ideas, Opinions and Persuasion
- **WEEK 5: PEOPLE & PLACES** – Observing the World Around Us
- **WEEK 6: SOLVE IT** – Everyday Problems and Smart Solutions
- **WEEK 7: THE REPORTER PROJECT** – Finding and Sharing A Story
- **WEEK 8: TAKE THE LEAD** – Hosting, Explaining and Engaging Others

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